

# "CONNECTIONS" newsletter

# November, 2015

#### **CAO Officers**

| President           | Faith Proietti      | 419-526-8056 | Faith.Proietti@ohiohealth.com  |
|---------------------|---------------------|--------------|--------------------------------|
| President-Elect     | Frank McClure       | 513-863-2281 | Franklyn_McClure@trihealth.com |
| Secretary           | Kristina Gutierrez  | 614-905-7726 | krgutzmmds@aol.com             |
| Treasurer           | Diane Walker        | 330-867-2150 | rev20dew@att.net               |
| Regional Chair NE   | Kim Emery           | 330-543-3447 | kemery@chmca.org               |
| Regional Chair NW   | Chris Mason         | 419-526-8472 | Charles.Mason2@ohiohealth.com  |
| Regional Chair SE   | Jean Feeney         | 614-544-8019 | Jean.Feeney@ohiohealth.com     |
| Regional Chair SW   | Tammy Eady          | 513-870-7156 | teeady@mercy.com               |
| Membership Chair    | Mikel Ryuho Monnett | 513-967-3133 | mjmonnett@columbus.rr.com      |
| Communication Chair | Mark English        | 419-873-1460 | markeng@accesstoledo.com       |
|                     |                     |              |                                |

# Faith Proietti, BCC President



# "Moving Forward"

According to Karen Ballard, our CAO Historian, "The Chaplains Association of Ohio (CAO) was officially constituted on February 7, 2007.

Chaplains in Ohio had been gathering for education and fellowship for many years prior to 2007. These gatherings were planned and led by the Association of Professional Chaplains state leadership team. In 2005 this leadership team began to dream of a state organization with a broader leadership structure.

They appointed a charter committee to begin the work of developing the new organization. Serving on that charter committee were: Karen Ballard, Mary Beth Cooper, Carole DeCrane, Stan Dunk, Mark English, Michelle Lemiesz, Orin Newberry, Jerry Nussbaum, Faith Proietti, Rob Shores, Vernon Small, Mary Kay Snyder, John Steiner, Kate Valentine, Robin Walton and Nancy West. This group worked on the transition throughout 2006.

The Charter Committee appointed a task team to draft a constitution and

The Charter Committee appointed a task team to draft a constitution and bylaws. That team consisted of: Mary Beth Cooper, Mark English, Michelle

Lemiesz, Mary Kay Snyder and Kate Valentine.

Facilitated by Orin Newberry, the Charter Committee met on February 7, 2007 to do the final edits of the Constitution and Bylaws and at the end of the day the document was unanimously approved. Present for this vote were: Karen Ballard, Mary Beth Cooper, Carole DeCrane, Stan Dunk, Valerie Johnson, Michelle Lemiesz, Orin Newberry, Jerry Nussbaum, Mary Kay Snyder, Vernon Small, John Steiner, Robin Walton and Kate Valentine. They agreed that the importance of the organization was to be open to all chaplains of diverse organizational and religious and cultural backgrounds." (www.chapsohio.com, 2015)

Since 2007 CAO has had five presidents: Michelle Lemiesz, Rob Shores, Faith Proietti, Karen Ballard and once again---Faith Proietti. The Chaplains Association of Ohio, CAO provides:

- An opportunity for collegiality
- A means of participating in the professional experience of others and those in related fields.

- A program for the advancement of knowledge in the field of chaplaincy
- A resource of open chaplaincy positions and/or chaplain training opportunities in Ohio
- A means to promote the growth and recognition of spiritual care in our facilities and agencies
- A means to encourage dialogue with other health care providers and to include them in our conferences and education programs

The CAO needs to be an organization that is on your "speed dial" for personal growth, continued education and collegiality. All ACPE Supervisors and Pastoral Care Directors should make CAO events available to your staff to help ensure quality service and self care. We are here to help you become the best spiritual caregiver or chaplain you can be. Do not miss an opportunity to attend our November 12th Conference in Akron and our spring retreat in 2016.

With warm regard,

#### NE Region Chair - Kim Emery

The fall conference is fast approaching and I am pleased to report that it is all "falling" into place nicely. For many of us, regional conferences are a great way to meet new people and gather new ideas. Our planning committee here in the Northeast region is pleased to share with you what we have waiting for you in Akron....

Many spiritual paths share a common theme: the work, practice, or tradition of perceiving and internalizing one's true nature and relationship to the rest of existence, creation, the universe, and/or a sense of the Divine. As we frequently encounter, traumatic life events can challenge one's concept of all these precious things. The theme of our conference, "The Impact of Trauma Across the Lifespan," gives our presenters the chance to share their expertise on the many ways in which negative life events impact those we meet and serve in our work as spiritual care providers.

We have sessions designed to explore various types of trauma, the ways people cope with trauma at various stages of life, and its impact on the many segments of society we are interacting with everyday. The morning sessions will be led by Dr. Edgardo Padin-Rivera, Ph.D., Chief of Psychology Services, and his colleagues at the Louis Stokes Cleveland Veterans Administration Medical Center. The afternoon will include breakout sessions with our presenters to discuss interactively some practical ways to help those struggling with the impact of trauma.

Limited late registrations are still available, so complete your registration and join us for a time of learning and fellowship. A certificate for 5 CEUs will be provided to each attendee, which makes this is a great opportunity to earn those continuing education credits as we near the end of the year.

All of us who have been involved in planning this conference are eager to welcome you and look forward to seeing you on November 12!

Blessings,

Kim Emery - Northeast Region/Conference Planning Committee Chair

#### JOINING the CAO

By becoming a member of the Chaplains Association of Ohio, you are doing a number of influential things. First, you help us to set up and sponsor the twice-annual conferences which help to provide important information about best practices and newest data around various topics that our members have indicated an interest in. Second, you provide yourself with the CEUs necessary to maintain your professional standing with your national organization (and at a discounted price!). Third, you help maintain the CAO website which is chock full of information concerning jobs, trainings, and resources available here in our state. Fourth, you provide an important source of contact for those wishing to learn more about our standards and ethics and the practice of professional chaplaincy. Finally (and perhaps most powerfully), you help to fund a vital and growing organization of comrades and coworkers dedicated to the art of healing through spiritual care of persons in the midst of crisis.

Membership has never been easier. Just go to the website and download the form!

---Chap. Mikel Ryuho Monnett, BCC

### Sometimes the War Comes Home

Did you that more than 2.6 million people have fought in America's wars in the last 20 years? And that many of them were not career military people, but were members of the National Guard? And that once these people come home, they resumed their civilian lives, unidentified by their uniforms? This means that the person sitting in your emergency room, your house of worship, or your office might just be a veteran. And veterans and their families face a myriad of issues that are unique from those faced by civilians and may have needs that are also different.

The Ohio National Guard recognizes this and has started a community outreach program to train civilian clergy on the special needs of soldiers and their families. It consists of workshops and seminars on addressing those needs, interfacing with local community organizations to provide for those needs, and providing and identifying resources within communities that can help. For more information, contact Lt. Col. Kathy Lowrey at *kathryn.l.lowrey.mil@mail.mil*.

---Chap. Mikel Ryuho Monnett, BCC

## Southwest Region News - Ch. Tammy Eady

Hello from the Southwest region! It's hard to believe that Fall is here. I hope that you will be able to find quiet spaces and time for reflection in this season of change. The array of color, aromas, and sounds remind us of the beauty of creation and our relationship to it and one another.

Speaking of relationships, members of the CAO who live and work in the Southwest region have been exploring ways to connect with colleagues for learning and mutual support. Several participated in **a journal group** this Summer, focused on diversity. Thoughts, experiences, challenges, and suggestions for best practices were shared by participants in the hour long

**teleconference.** Future groups will convene based on articles and/or topics proposed by members for discussion. Participation is not limited to members of the Southwest region but is open to all members of the CAO at large through teleconferencing.

Recognizing that schedules can be demanding during the week, an informal Chat-n-Chew will be scheduled at a restaurant in the Greater Cincinnati/Dayton area for the fourth Saturday morning of each quarter. Family members are welcome to join in this time of light conversation and fellowship as a way of recognizing that we do not minister in isolation but as part of a larger community that includes family and friends. **The next Chat-n-Chew will be on Saturday, January 23, 8:30-10:30 AM**, at a restaurant yet to be determined. Stay tuned for more details!

The Southwest region is also busy preparing for the **2016 CAO Spring Retreat** to be hosted by our members. A planning committee has been formed and is in the process of discussing potential themes and speakers. **Please consider joining the committee** as we rustle through the leaves of Fall, anticipating Spring. Your insight, gifts, and energy are valued and would be welcomed!

Please contact me if you would like to propose a topic and/or article for the journal group, join the Spring Retreat Planning Committee, or gather for an informal Chat-n-Chew. I can be reached by calling (513)870-7156 or via e-mail at TEEady@mercy.com.

May the beauty of creation center you in mind, body, and spirit.

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Introducing CAO's Board of Directors see also http://chapsohio.org/resources/Our Officers

#### **President - Faith Proietti**

She has been a chaplain at OhioHealth MedCentral Hospitals, in Mansfield and Shelby, since 1994. In 2001 she became the director of pastoral care for both Mansfield and Shelby She serves on many committees and service groups in the hospital and community. She has also been certified as an organ donation representative for LOOP and a member of the Crisis Incident Stress Debriefing Team. Faith has served as the CAO-NW Regional Chair, Vice President and President.

Faith received a B.A. from Hiram College, Master in Pastoral Counseling from Ashland University Seminary, Master of Divinity from the Methodist Theological Seminary and a Doctorate from Pittsburgh Seminary. Her thesis was on "Designing and Developing a Manual for Those Who Have Lost Someone to Suicide." She is a Board Certified Chaplain with the Association of Professional Chaplains (APC) and presently serves as the Board Certification Regional Chair. She is an ordained minister with the United Church of Christ. Other life roles include being a wife, mother of three and grandmother of four children.

#### **Vice-President - Frank McClure**

I have been a member of CAO for many years. I have served as the CAO Southwest Region Chair (2009-2011). I had the privilege of hosting the well-attended fall 2011 CAO conference in Cincinnati-108

people participated in that event. I am also honored to be one of CAO's trustees who signed our organization's incorporation documents in November 2011.

I am ordained and endorsed through the American Baptist Churches, U.S.A. I have served as a full-time professional chaplain for 19 years. I received my Board Certification in 2000. I have been employed as a staff chaplain at Bethesda North Hospital in Cincinnati for the past 17 years. I also coordinate the spiritual support ministries of two-dozen pastoral care volunteers on three hospital campuses. I reside in Hamilton with my wife, Rita, who serves as an associate pastor at a church in Kettering.

#### Secretary - Kristina Gutiérrez

Originally fron Ohio, she graduated with a B.A. in Political Science and International Studies from The Ohio State University, and later with a MDiv and DMin from Northern Baptist Theological Seminary. She was ordained as an American Baptist clergy in 1988. In 1992, she moved to San Juan, PR, and worked as counselor and teacher in a local Baptist school until, in 1996, she was commissioned as a career missionary with the International Ministries. She has served in the areas of Theological Education and Lay Leadership Development in Bolivia, Chile and Nicaragua. While in Nicaragua, her main areas of ministry were teaching at the Baptist Seminary and Baptist University in Managua, establishing a Chaplain's ministry and educational course at the Baptist Hospital in Managua, and developing a course that teaches local women to be Promoters Against Domestic Violence in their neighborhood. Since 2007, she has worked as a counselor at Midwest Ministry Development Service in Columbus and as an on-call Associate Chaplain at Doctors Hospital. Her adult children are Angélica (26) and Gabe (23).

### Treasurer - Diane Walker

Diane has been ordained for 26 years as a Presbyterian(USA) minister. She has worked as a chaplain for the last 16 years serving at MetroHealth Medical Center, Health Hill Children's Rehabilitation Hospital, Rockynol Retirement Community, and Akron Children's Hospital. She also served as pastor of Harris Memorial Church in Ashtabula, Ohio for 6 years.

Diane grew up in Atlanta, GA. She graduated from Columbia Theology Seminary with a Master of Divinity and from Georgia Institute of Technology with a Bachelor of Industrial Engineering Degree. She lives in Cleveland with her two cats, Cleo and Flash. Her hobbies include fixing up her 95 year old house, gardening, and reading. Diane studied with the Sacred Art of Living and Dying Center and is a Reiki Master.

#### **NE Region Representative - Kim Emery**

I serve as staff chaplain at Akron Children's Hospital in Akron, in the NICU and Behavioral Health Programs. I attended Golden Gate Seminary in Mill Valley, CA and served as a church planter and pastor in my hometown of Phoenix, AZ. I fell in love with pediatric chaplaincy at Cooks Children's Hospital in Fort Worth, Texas and am very pleased to continue working in the pediatric community here in the Northeast. Last year I received Board Certification and am endorsed by the Cooperative Baptist Fellowship. I have been married to Mark, an Akron native, for 24 years. We have two sons who attend schools here in Ohio. Together we spoil a Cocker Spaniel named Sadie who divides her time between long walks and long naps.

This desert native has enjoyed the many wonders of nature this part of the country offers and the warm hospitality of its people. I have taken up canoeing and birdwatching in addition to traveling the state in search of new adventures.

#### NW Region Representative - Chris Mason

He serves as Staff Chaplain for both the OhioHealth MedCentral Hospital and the OhioHealth Homecare and Hospice in Mansfield. Chris is a member of the Palliative Care Team of the hospital and serves as the Bereavement Coordinator for hospice. In addition, he serves as a member of the Ethics Committee for the Kindred Hospital in Mansfield. Prior to his current service, Chris served as Staff Chaplain and a Supervisory Education Student at Indian University Health in Indianapolis, Indiana. Before becoming a chaplain Chris served as Senior Pastor for fifteen years in Alabama, Florida, Missouri, and Oklahoma churches. Chris is Board Certified by the Association of Professional Chaplains and endorsed by the Cooperative Baptist Fellowship. He received his Clinical Pastoral Education, completing two residencies at the Research Medical Center in Kansas City, MO. He is a graduate of the Baptist College of Florida where he received the Bachelor of Arts Degree and the New Orleans Baptist Theological Seminary where he received the Master of Divinity Degree.

Chris resides in Mansfield with his wife Trudy and daughter, Hannah. He enjoys motorcycling, fishing, nature, sports, history, supporting social and environmental justice causes, and exploring and supporting diversity of all kinds.

#### **SE Region Representative - Jean Feeney**

Jean is a chaplain with OhioHealth and has been the Manager of Pastoral Care at Dublin Methodist Hospital (DMH) since October of 2011. She is Board Certifiec by APC. She is an ordained minister with the United Church of Christ and serves as Chair of Deacons at her home church. As the sole chaplain at DMH, Jean works in partnership with the chaplains at nearby Doctors Hospital to provide 24 hour coverage at the hospital. She also coordinates a team of pastoral care volunteers that minister throughout the hospital. As manager, she coordinates all pastoral care services and serves on several hospital and system-wide committees, including serving as co-chair for the DMH Ethics Committee.

Jean's career began as a Special Education Teacher and expanded to management positions in social services and healthcare . Her primary focus has been in Training & Development and public health education.

### **SW Region Representative - Tammy Eady**

I've ministered as a full-time staff chaplain at Mercy Health - Fairfield Hospital since 2007, specializing in perinatal loss and grief, as well as community based chaplaincy through one of our local community based medical clinics. A commissioned Associate in Ministry of the Evangelical Lutheran Church in America, I am an active member of the Cincinnati Pastors Conference. I am also an advisor to my faith community's Parish Care and Outreach teams. In my spare time, I like to paint, craft, write, and dabble in photography.

# Membership Chair - Mikel Ryuho Monnett

Mikel is a member of the Zen Peacemaker Order and the Karma Kagyu lineage of Tibetan Buddhism. A long-time student of Ven. Khenpo Karthar Rinpoche and Joan Jiko Halifax Roshi, Mikel received his B.A.s from The Ohio State University in 1987, his M.A. from Naropa University in 1999, and recently completed his A.A.S. in Mental Health and Addiction Studies at Columbus State.

A U.S. Army veteran and ardent advocate of Buddhist chaplaincy, he has published numerous articles and previously served as the Heart Services Anchor Chaplain at Barnes-Jewish Hospital at Washington University Medical Center in St. Louis, MO. As a specialist in disaster chaplaincy, he was twice deployed to major catastrophes in the U.S. as part of a spiritual care team. He currently lives in Columbus with his wife Tara and their menagerie of animals

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#### **Communications Chair - Mark English**

A Board Certified Chaplain since 1993, Mark has served as p/t chaplain to Hospice of Northwest Ohio, near Toledo and as half-time pastor of an ELCA congregation in McClure since 2008. Originally from Philadelphia (Lutheran Theological Seminary MDiv '78), he has also served in hospital and long term care settings. He was invited to join an inclusive, cooperative chaplaincy committee in 2004 and has served as CAO's Communication Chair since 2007. He is the proud father of 3 children and the goofy grandpa of 2 youngsters. He welcomes punfests. If you know of any chaplains not hearing from him, send him their email addresses. The list is now up to 750 chaplains, supervisors and pastoral care profs from around Ohio.

#### Looking Back at our 2015 Spring Retreat

On Thursday, April 23, 2015, the Rev. Dr. Sandra (Sandy) Selby presented an all-day retreat titled "*Hope in the Wilderness: Addressing Compassion Fatigue*." Sixty-five chaplains from throughout Ohio attended the retreat, held at the Martin de Porres Center in Columbus. Dr. Selby is the associate pastor of Furnace Street Mission, an 88 year-old parachurch in Akron, Ohio that provides chaplaincy services to safety forces, hospitals, and social service agencies. She is senior community chaplain of Tough Work Outreach, a ministry of Furnace Street Mission that serves people in crisis and those who work with them, especially in the health and human services sector. For fifteen years, Sandy has also been an on-call chaplain at Akron Children's Hospital and a chaplain associate at Akron General Medical Center.

"We are marked by what we see," said a social worker in Dr. Sandy Selby's doctoral research on compassion fatigue. As chaplains, we bear witness to the joys and sorrows, triumphs and tragedies of human existence. The intensity of our work can take a toll on us physically, mentally, and spiritually. In response to the risk we all face of becoming "burned out," the day was structured to provide a balance of presentation *and* reflection that allowed participants to internalize the information presented at four sessions throughout the day. Some chose to stay in the main room to discuss and connect with others; some moved to an artistic space where individuals could create symbolic images or journal as a method of working with the concepts; others walked the campus or found a quiet space for internal reflection. The retreat evaluations showed that many appreciated this attention to individual preference for "processing" and the allocation of enough time to reflect on the concepts presented.

The four sessions took participants on a brief journey which explored the "Costs and Gifts of Witness-Bearing" in our ministry. Sandy then focused on some very practical wisdom that gave us specific ways to gain greater "Resilience" and "Self-Compassion" as we navigate the compassion fatigue that can come as a result of our various ministries. The final stage of the journey focused on "Building Future Stories of Hope" through spirituality and meaning making. As Sandy noted, building those bridges requires us to be aware of the Transcendence and Immanence that is at once both within and beyond ourselves. We make meaning of life's suffering and the value of our ministry by connecting to others, nurturing ourselves through Beauty and story-telling, and maintaining a deep Hope that orients us to the future.

What would you like to hear about and experience in our Spring Retreats? Contact Frank McClure at Franklyn McClure@trihealth.com

Jean Feeney - SE Region Chair

# The CAO website - Improving www.chapsohio.org

This summer, your Board of Directors changed webmasters, now utilizing VendTech Designs in Mansfield. While our original website gave us a presence, we wanted more—for us and for you. Scott Zartman and his team are delivering. At this time, the site is evolving—and you can have a role in that. But here are improvements:

- -To bump up the font on a page, click the 'A' on the left side of the page. If you want to improve contrast for viewing, click the half-moon icon.
- -Home tab: review our Purpose, a bit of our History and a copy of our constitution
- -PayPal is now useable for Conferences and for annual Member registration. You have the option to register online or to download and fill out a membership application, if you wish, and pay by check.
- -<u>Conferences tab</u>: when you click on it, you'll see the brochure to the upcoming CAO event. You can register online from this page or download and print the brochure. There's even a map, to help you plot your travel. In the 'Other Education Events' block, that's where we'll put *your* local events. Via email, send Mark your event's URL, brochure, letter of invite—and we'll advertise it here.
- -Membership tab: this is where your input comes in. After you've registered and paid (memberships go to April 30), you'll have access to a 'Members Only' section. There, you'll be able to see names of other CAO members. AND this is where Discussion Boards will appear. Got a question for other chaplains in your field? Ask it/Answer it. Want to know salaries at other places? Looking for ideas on dealing with staff, coping with challenges, working with volunteers, services/blessings? Ask and Answer here. But not yet....

#### -Resources tab:

- -The *Officers* page is new, with our bright, shining faces. Tap the little envelope under the picture and you can send us an email.
- -Newsletters: if you want to see what else we've put out for the benefit of chaplains, check this. If you have an announcement or article for a newsletter, send to Mark
- -The *Jobs Openings* page is getting a new look; check it out. I'm also integrating the 'Careers' page from agencies' websites. This way, when employers put up a new chaplain position, job seekers can find it immediately via a link on our site. (You may have to type in a keyword of

chaplain). If your place has a website and a Careers or Join our Team section, send it to me. If you can refine it down to 'chaplain' and send that URL, so much the better. And if you or your HR person want to advertise your opening to over 750 pastoral care folks, send to me. -Links: I've tried to include as many different kinds of chaplains and faith-group chaplain sites as I can find. If you know of more, send me that info. If a link doesn't work, let me know that, too.

## -Mark English, Communications Chair

#### Treasurer's Report - Diane Walker

\$ 2,375

# CAO Spring Retreat 2015 Income

| Member Conference Fees (21)      | \$ 630 |
|----------------------------------|--------|
| Member Conference and Dues (37)  | 2,220  |
| Non Members Conference Fees (13) | 585    |
| Student Conference Fees          | 40     |
| Total Income                     | 3,475  |
| Minus Membership Dues            | 1,100  |

Total Income from Conference Fees

**Expenses** 

Speaker fee and expenses \$1,453.21 Supplies and copies 468.61 Martin de Porres Center 2,082.50 Conference Fee Reimbursements 75.00

Total Expenses \$4,079.32
Bottom Line -\$1,704.32

Expenses since Spring 2015 Conference:

Board Member Mileage \$548.76
Akron General Health and Wellness Center 100.00
(Deposit for Fall 2015 Retreat)

Account Balance as of September 30, 2015 \$\frac{15,427.78}{}